



VÄSTERVIKS
KOMMUN

Important information!

Limit the spreading of Corona virus infection!



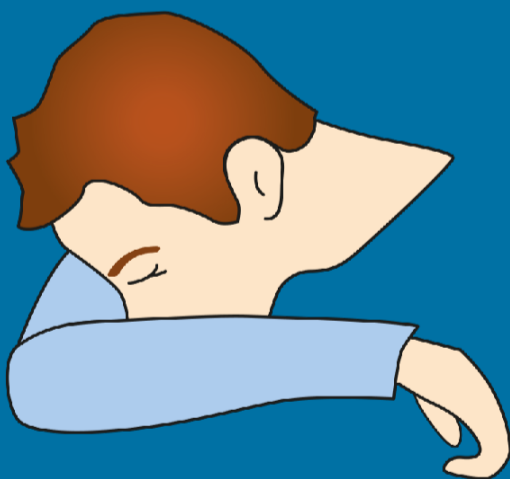
Stay at home when you have
disease symptoms

This also applies to mild symptoms on both children
and adults.



Wash your hands frequently

Use soap and warm water for at least 20 seconds.



Cough and sneeze in the arm fold

If you use paper handkerchief, throw it away
in a trash can and wash your hands.

Avoid touching eyes, nose and
mouth

The infection spreads through the mucous
membranes of the eyes, nose and mouth.



When should you contact
healthcare?

Contact healthcare only if you feel very ill.

- Do not immediately visit medical care, always call 1177 first.
- If you have difficulty breathing, call 112.